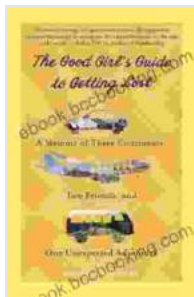


The Good Girl Guide To Getting Lost: A Journey to Self-Discovery and Adventure

By Rachel Friedman

Are you a good girl? Do you always do what you're told? Do you put the needs of others before your own? If so, then it's time to break free from the expectations of others and embark on a journey of self-discovery and adventure with *The Good Girl Guide To Getting Lost*.



The Good Girl's Guide to Getting Lost: A Memoir of Three Continents, Two Friends, and One Unexpected Adventure by Rachel Friedman

★★★★☆ 4.4 out of 5

Language : English
File size : 1086 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 321 pages



This book is for women who are ready to:

- Break free from the expectations of others
- Embark on a journey of self-discovery
- Live a more fulfilling and authentic life

The Good Girl Guide To Getting Lost is a practical guide to helping women overcome their fears and limiting beliefs, and create a life that they love. It's full of real-life stories, exercises, and tips that will help you get started on your own journey of self-discovery and adventure.

What You'll Learn in *The Good Girl Guide To Getting Lost*

In *The Good Girl Guide To Getting Lost*, you'll learn how to:

- Identify and overcome your fears and limiting beliefs
- Set boundaries and say no to things that don't serve you
- Listen to your intuition and trust your gut
- Take risks and step outside of your comfort zone
- Create a life that you love

Who is *The Good Girl Guide To Getting Lost* For?

The Good Girl Guide To Getting Lost is for any woman who is ready to break free from the expectations of others and live a more fulfilling and authentic life. It's especially helpful for women who are:

- Feeling stuck in a rut
- Unhappy with their current life
- Ready to make a change
- Looking for inspiration and guidance

What Others Are Saying About *The Good Girl Guide To Getting Lost*

"*The Good Girl Guide To Getting Lost* is a must-read for any woman who wants to live a more fulfilling and authentic life. Rachel Friedman provides practical advice and inspiration to help you overcome your fears and create a life that you love." - **Gretchen Rubin, author of *The Happiness Project***

"*The Good Girl Guide To Getting Lost* is a powerful and inspiring book that will help you break free from the expectations of others and live a life that is true to you. Rachel Friedman's writing is honest, relatable, and full of wisdom." - **Elizabeth Gilbert, author of *Eat, Pray, Love***

Free Download Your Copy of *The Good Girl Guide To Getting Lost* Today

The Good Girl Guide To Getting Lost is available in paperback, ebook, and audiobook. Free Download your copy today and start your journey to self-discovery and adventure.

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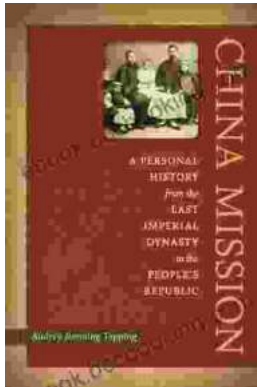
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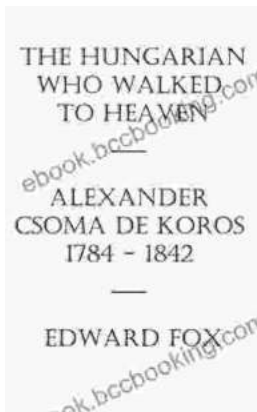
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