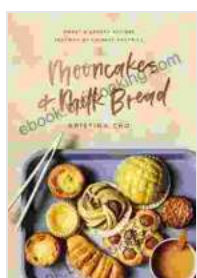


Mooncakes and Milk Bread: A Culinary Journey Through the Heart and History of Asian Food

In her new cookbook, *Mooncakes and Milk Bread*, Kristina Cho takes readers on a culinary journey through the heart and history of Asian food. Through interviews with chefs, food historians, and home cooks, Cho uncovers the stories behind the dishes that have shaped Asian culture for centuries.



Mooncakes and Milk Bread: Sweet and Savory Recipes Inspired by Chinese Bakeries by Kristina Cho

★★★★☆ 4.8 out of 5

Language : English
File size : 242581 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 304 pages



Cho's journey begins in China, where she explores the origins of mooncakes, a traditional pastry eaten during the Mid-Autumn Festival. She then travels to Japan, where she learns about the art of sushi making and the importance of rice in Japanese cuisine. In Korea, Cho discovers the secrets of kimchi, a fermented cabbage dish that is a staple of Korean

meals. And in Thailand, she learns about the vibrant flavors of Thai street food and the use of fresh herbs and spices.

Along the way, Cho shares recipes for some of her favorite Asian dishes, including:

- Mooncakes
- Milk bread
- Sushi
- Kimchi
- Pad Thai
- Green curry

With beautiful photography and engaging storytelling, *Mooncakes and Milk Bread* is a must-have for anyone who loves Asian food or is interested in learning more about its history and culture.

Here is a review of *Mooncakes and Milk Bread* from the *New York Times*:

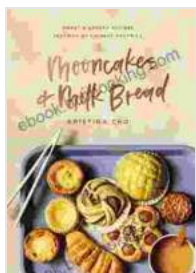


“ "Kristina Cho's Mooncakes and Milk Bread is a love letter to Asian food. Through interviews with chefs, food historians, and home cooks, Cho uncovers the stories behind the dishes that have shaped Asian culture for centuries. The book is full of beautiful photography and engaging storytelling, and the recipes are sure to please even the most discerning palate." ”

If you are looking for a cookbook that will introduce you to the diverse flavors of Asian food, then *Mooncakes and Milk Bread* is the perfect book for you.

To Free Download your copy of *Mooncakes and Milk Bread*, please visit the following link:

<https://www.Our Book Library.com/Mooncakes-Milk-Bread-Kristina-Cho/dp/0399579167>

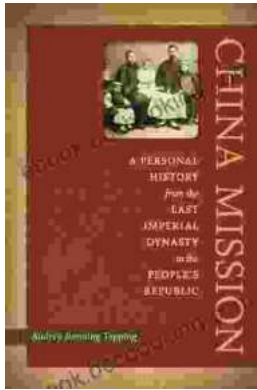


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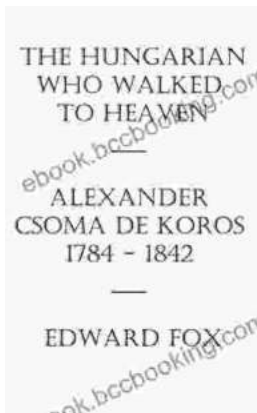
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