

"Mean": A Brutal and Brilliant Memoir by Myriam Gurba



Mean by Myriam Gurba

★★★★☆ 4.6 out of 5

Language : English
File size : 5193 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages
Lending : Enabled



Myriam Gurba's memoir, "Mean," is a powerful and unflinching exploration of trauma, race, and sexuality. Gurba writes with a raw honesty and a sharp wit, creating a work that is both deeply personal and universally relatable. Through her own experiences, Gurba sheds light on the ways that trauma can shape our lives, and the importance of finding our own voices and healing our wounds.

Trauma and Recovery

Gurba's memoir is a testament to the power of trauma to shape our lives. She writes about her experiences with sexual abuse, physical abuse, and emotional neglect. These experiences have left her with a deep sense of shame and self-hatred, and they have made it difficult for her to form relationships with others. However, Gurba also writes about her journey towards recovery. She has found healing through therapy, writing, and

connecting with other survivors. Her memoir is a powerful reminder that it is possible to survive and thrive after trauma.

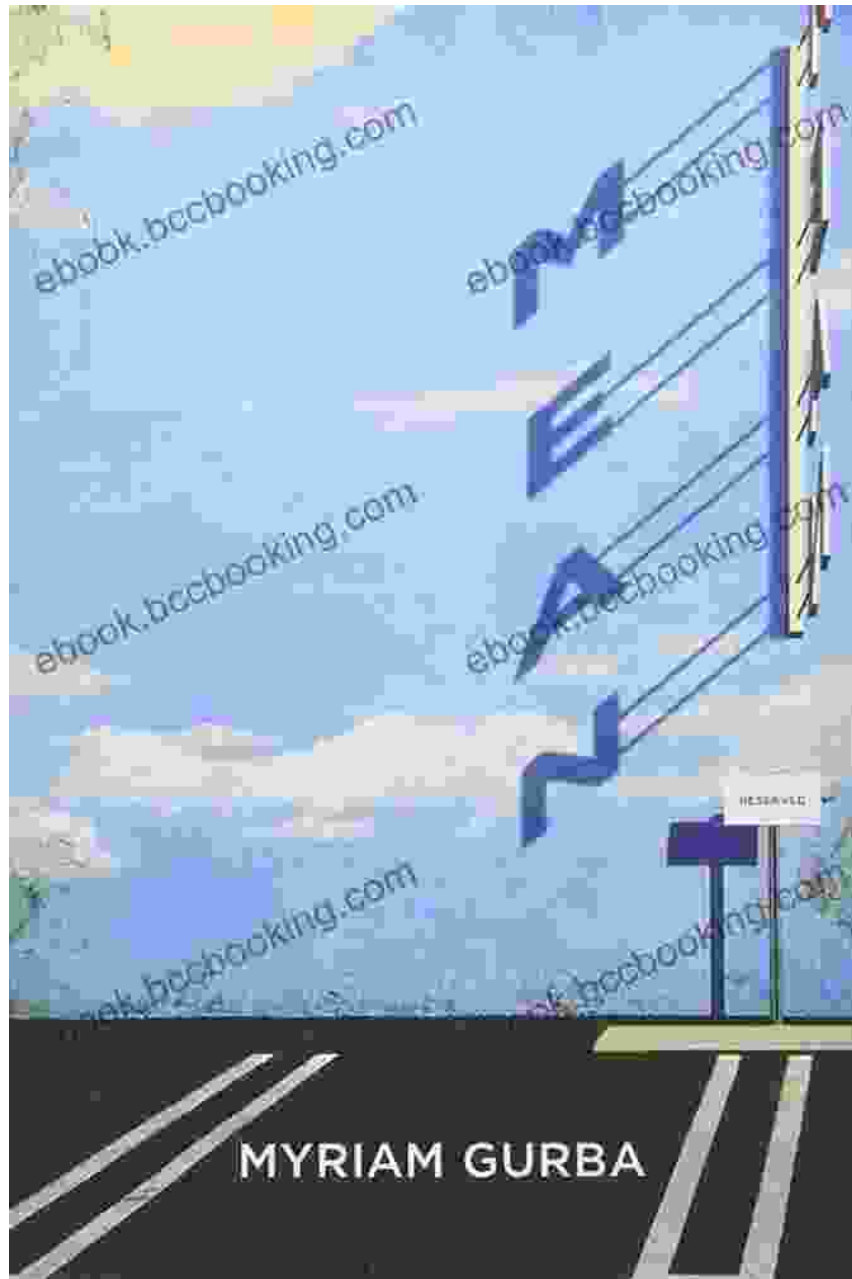
Race and Identity

Gurba is a queer, Mexican-American woman, and her memoir explores the ways that race and identity have shaped her experiences. She writes about the racism she has faced, both from within her own community and from the outside world. She also writes about the challenges of coming to terms with her own sexuality. Gurba's memoir is a powerful reminder that our identities are complex and multifaceted, and that there is no one right way to be.

Sexuality and Empowerment

Gurba's memoir is also a celebration of sexuality. She writes about her own experiences with sex and desire, and she challenges the traditional views of what it means to be a woman. Gurba's memoir is a powerful reminder that sexuality is a source of pleasure and power, and that we should all be free to express our sexualities in ways that feel good to us.

Myriam Gurba's memoir, "Mean," is a powerful and unforgettable work. It is a story of trauma, race, sexuality, and healing. Gurba writes with a raw honesty and a sharp wit, creating a work that is both deeply personal and universally relatable. "Mean" is a must-read for anyone who is interested in the human experience.



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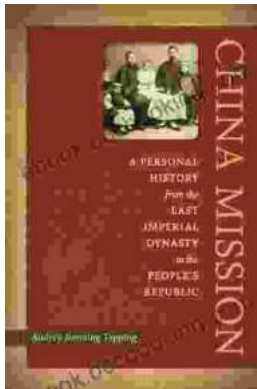
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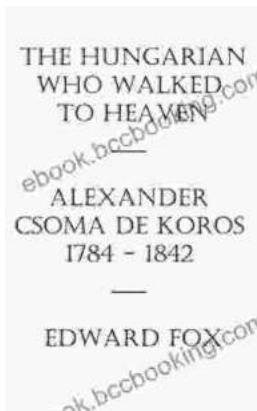
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