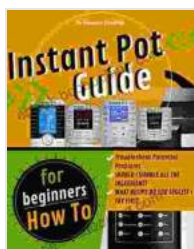


# Instant Pot Basics: How to Use Instant Pot for the First Time Step by Step

If you're new to the Instant Pot, don't worry! This step-by-step guide will show you everything you need to know to get started.



**Instant Pot Guide: instant pot basics how to use instant pot for the first time Step by step cookbooks with pictures for beginners.** by Nouaoui khedidja

★★★★☆ 4 out of 5

Language : English  
File size : 15704 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 137 pages  
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## Step 1: Unpack and assemble your Instant Pot

Once you've unpacked your Instant Pot, it's time to assemble it. The Instant Pot comes with a few different components, including the base, the inner pot, the lid, and the sealing ring.

To assemble the Instant Pot, simply place the inner pot inside the base. Then, place the sealing ring on top of the inner pot. Finally, place the lid on top of the sealing ring and lock it into place.

## **Step 2: Fill the inner pot with water**

Before you can start cooking, you need to fill the inner pot with water. The amount of water you need will vary depending on what you're cooking. However, a good rule of thumb is to fill the pot to the 1/2-full line.

## **Step 3: Add your ingredients**

Once you've filled the inner pot with water, you can add your ingredients. You can cook a wide variety of foods in the Instant Pot, including rice, pasta, meat, vegetables, and soups.

## **Step 4: Close the lid and lock it into place**

Once you've added your ingredients, it's time to close the lid and lock it into place. To do this, simply turn the lid clockwise until it locks into place.

## **Step 5: Select the cooking mode and set the timer**

Now it's time to select the cooking mode and set the timer. The Instant Pot has a variety of cooking modes, including pressure cook, slow cook, rice cook, and steam. The cooking mode you choose will depend on what you're cooking.

Once you've selected the cooking mode, you need to set the timer. The timer will determine how long the Instant Pot cooks for.

## **Step 6: Start cooking**

Once you've selected the cooking mode and set the timer, it's time to start cooking. To do this, simply press the "Start" button.

## **Step 7: Wait for the cooking to finish**

Once the cooking time is finished, the Instant Pot will beep and switch to the "Keep Warm" mode. This means that the food will stay warm until you're ready to eat it.

### **Step 8: Release the pressure**

Before you can open the lid, you need to release the pressure. To do this, simply turn the steam release valve to the "Venting" position.

### **Step 9: Open the lid and enjoy your meal**

Once the pressure has been released, you can open the lid and enjoy your meal. Congratulations! You've now cooked your first meal in the Instant Pot.

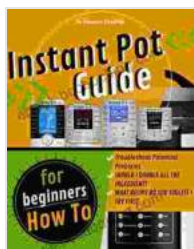
### **Tips for using the Instant Pot**

- Don't overfill the inner pot. The Instant Pot can only cook food that is submerged in liquid.
- Use the right cooking mode for the food you're cooking. The Instant Pot has a variety of cooking modes, so be sure to choose the one that's best for your recipe.
- Don't open the lid while the Instant Pot is cooking. This will release the pressure and stop the cooking process.
- Be careful when releasing the pressure. The steam can be hot.
- Clean the Instant Pot after each use. This will help to prevent bacteria from growing.

The Instant Pot is a versatile kitchen appliance that can make cooking easier and faster. With a little practice, you'll be able to cook a variety of

delicious meals in the Instant Pot.

If you're looking for an easy-to-follow guide to using the Instant Pot, be sure to check out our book, Instant Pot Basics: How to Use Instant Pot for the First Time Step by Step.



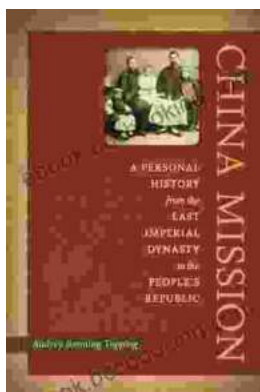
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