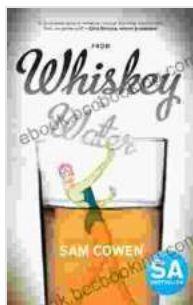


From Whiskey to Water: The Sam Cowen Story



From Whiskey to Water by Sam Cowen

★★★★☆ 4.4 out of 5

Language : English
File size : 606 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled



Sam Cowen has lived a life full of ups and downs, but through it all, he has never given up on his dreams. In his new memoir, *From Whiskey to Water*, Cowen shares his personal and professional journey, from his early days growing up in a small town in Mississippi to his years playing in the major leagues and coaching the New York Yankees.

Cowen's story is one of perseverance, determination, and redemption. He grew up in a poor family, and his father was an alcoholic. Despite these challenges, Cowen excelled in school and on the baseball field. He was drafted by the New York Yankees in 1965, and he made his major league debut in 1968.

Cowen played for the Yankees for seven seasons, and he was a key member of the team's World Series championship team in 1977. After his playing career ended, Cowen became a coach and manager. He managed the Yankees from 1985 to 1988, and he led the team to the World Series in 1986.

Cowen's story is more than just a baseball story. It is a story about a man who overcame adversity to achieve his dreams. Cowen's story is an inspiration to us all, and it shows us that anything is possible if we never give up.

From Whiskey to Water: An Excerpt

In the following excerpt from *From Whiskey to Water*, Cowen talks about his childhood and how his father's alcoholism affected him.



“My father was a good man, but he was also an alcoholic. I remember coming home from school and finding him passed out on the couch, a bottle of whiskey in his hand. My mother would try to get him to go to rehab, but he always refused. He said that he didn't have a problem, and that he could quit drinking whenever he wanted. But he never did.

My father's alcoholism had a profound effect on me. I was ashamed of him, and I was afraid of him. I never knew when he was going to be drunk, and I never knew what he was going to do when he was drunk. I was always on edge, and I was always worried about what was going to happen next.

Despite my father's alcoholism, I loved him. I knew that he was a good man, and I knew that he loved me. I just wished that he could get his life together.”

From Whiskey to Water: A Review

From Whiskey to Water is a powerful and moving memoir. Cowen's story is one of perseverance, determination, and redemption. He overcame adversity to achieve his dreams, and his story is an inspiration to us all.

Cowen's writing is honest and straightforward. He doesn't shy away from the difficult moments in his life, but he also doesn't dwell on them. He tells

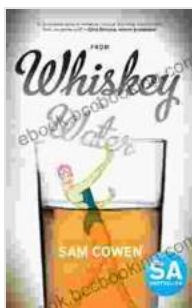
his story with humor and grace, and he leaves the reader feeling uplifted and inspired.

If you are a fan of baseball, or if you are just looking for a good story, I highly recommend From Whiskey to Water.

Buy From Whiskey to Water

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Thank you for reading!



From Whiskey to Water by Sam Cowen

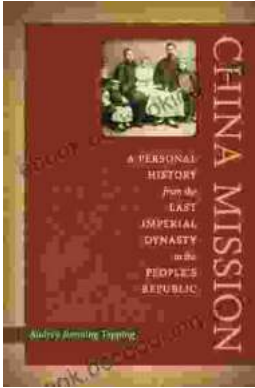
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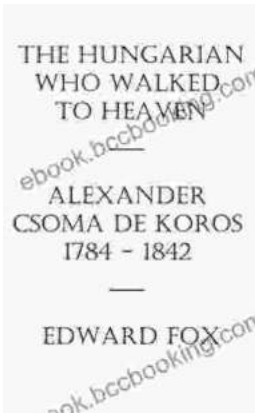
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