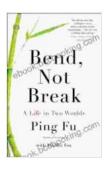
### Bend Not Break: A Memoir of Life in Two Worlds

In her captivating memoir, Bend Not Break, author Anya Harrison shares her extraordinary journey of living in two vastly different worlds. From the vibrant streets of New York City to the tranquil shores of the Caribbean, Harrison's story is a testament to the challenges, triumphs, and resilience of the human spirit.



Bend, Not Break: A Life in Two Worlds by Ping Fu

🚖 🚖 🚖 🚖 4.4 out of 5	
Language	: English
File size	: 5976 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	g : Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 298 pages



Born in the Bronx to Jamaican parents, Harrison grew up in a world where she felt torn between two cultures. At home, she was surrounded by the warmth and traditions of her Caribbean heritage. But when she stepped outside her door, she entered a world that was often hostile and unwelcoming.

As a young woman, Harrison left New York City to pursue her dreams in the Caribbean. She found success as a journalist and writer, but she also faced the challenges of being a black woman in a predominantly white society. Undeterred, she used her voice to speak out against injustice and to inspire others.

In Bend Not Break, Harrison weaves together her personal experiences with the broader history of race and immigration in the United States and the Caribbean. She writes about the challenges of assimilation, the pain of discrimination, and the power of community. But she also writes about the joy of discovery, the strength of family, and the indomitable spirit of those who dare to bend but not break.

Bend Not Break is a poignant and inspiring memoir that will resonate with anyone who has ever struggled with the challenges of living in two worlds. Harrison's story is a reminder that we are all capable of overcoming adversity and finding our place in the world.

#### Praise for Bend Not Break

"A powerful and moving memoir that explores the complexities of race, identity, and belonging. Harrison's story is a testament to the strength of the human spirit." - New York Times Book Review

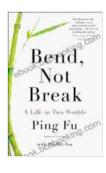
"A beautifully written and deeply personal account of life in two worlds. Bend Not Break is a must-read for anyone interested in the challenges and triumphs of the immigrant experience." - NPR

"Harrison's memoir is a powerful reminder of the importance of resilience and the power of the human spirit." - Publishers Weekly

### About the Author

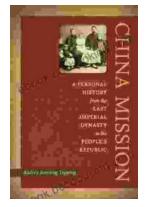
Anya Harrison is a journalist, writer, and activist. She has written for The New York Times, The Washington Post, and The Guardian. She is the author of the memoir Bend Not Break. Harrison is a passionate advocate for social justice and has worked with organizations such as the ACLU and the NAACP.

To learn more about Anya Harrison and her work, visit her website at anyaharrison.com.



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